

PRODUCT INFORMATION

Keep this guide for future reference. Read all instructions and follow your healthcare professional's directions when the brace is prescribed.

CUSTOMER SUPPORT

Distributed by United Yoram Inc. | Brooklyn, NY 11236
drfranklyns.com | support@drfranklyns.com
Instagram: @drfranklyns

DOCUMENT CONTROL

Brand: Dr. Franklyn's | Model: AK-C | Revision: 1.0 | Issue date: September 2026

SCAN FOR PRODUCT DETAILS



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INTENDED USE AND MEDICAL PURPOSE

The AK-C is a reusable ankle-foot orthosis intended to provide external ankle stabilization and adjustable compression while permitting functional walking. It may assist management of mild sprains and strains, tendonitis, swelling, chronic ankle weakness, injury recovery, or clinician-directed activity support.

SUPPORT PROVIDED

- Built-in side stabilizers help limit unwanted inversion and eversion.
- Dual wrap straps provide adjustable compression and support.
- Open-heel construction permits functional movement while supporting the ankle.
- Breathable neoprene is suitable for daily activity when correctly fitted.

DO NOT USE OR SEEK ADVICE

- Do not apply over open wounds, infected skin, or an unprotected surgical incision.
- Seek urgent evaluation for suspected fracture, severe swelling, deformity, inability to bear weight, calf pain, or possible blood clot.
- Do not wear if the brace changes foot color, temperature, sensation, or increases pain.



HEALTH | SUPPORT | RECOVERY



MODEL AK-C

ADJUSTABLE ANKLE BRACE

STABILIZING SUPPORT FOR DAILY ACTIVITY AND RECOVERY

READ INSTRUCTIONS COMPLETELY BEFORE USE

BEFORE FITTING

- Inspect the brace, stabilizers, straps, and stitching. Loosen all closures.
- Wear a clean sock and use a stable, properly fitting shoe when walking.

FITTING INSTRUCTIONS

- 1

INSERT
Place the heel fully into the opening and center the brace around the ankle.
- 2

CLOSE
Secure the main ankle section snugly without compressing the toes.
- 3

CROSS
Wrap the first stabilizing strap across the top of the foot and around the ankle.

FIT CHECK

The heel should remain seated and the side stabilizers should align beside the ankle. The foot and toes must remain warm, normally colored, and free of numbness or tingling.

COMPLETE THE FITTING

- 4

OPPOSITE
Wrap the second strap in the opposite direction to form balanced figure-eight support.
- 5

SECURE
Attach both strap ends and smooth any folds.
- 6

WALK
Stand and take several steps. Readjust if the brace slips, pinches, or changes foot sensation.

USE AND WEAR

- Follow a healthcare professional's schedule after injury. For activity, confirm the brace fits safely inside the shoe.
- Remove after activity to inspect the skin and allow the brace and sock to dry.

Remove the brace and seek medical advice for increasing pain, numbness, tingling, unusual swelling, skin breakdown, or pale, blue, cold, or discolored skin.

IMPORTANT SAFETY INFORMATION

- This brace does not prevent all ankle injuries. Stop activity if pain or instability increases.
- Use professional guidance with diabetes, neuropathy, poor circulation, or significant swelling.
- Single-patient use only. Do not use a damaged stabilizer or alter the brace.

CLEANING AND STORAGE

- Fasten all hook-and-loop closures before cleaning. Remove detachable rigid stays only when the care label permits.
- Hand wash in cool water with mild soap. Do not bleach, wring, machine dry, iron, or dry clean.
- Air dry completely away from direct heat and sunlight. Store flat or loosely folded in a clean, dry place.

WARRANTY AND EXPECTED LIFE

One-year limited warranty from the original purchase date. Expected product life: three years under normal fitting, inspection, care, cleaning, and storage. Replace sooner if damaged, stretched, or unable to provide the intended support. Retain proof of purchase.