PURPOSE & USE

INTENDED PURPOSE

The AS-1 is an adjustable mesh arm sling designed to cradle the forearm and support the weight of the arm. A padded shoulder section helps cushion the strap against the shoulder.

CLINICAL USE

A healthcare professional may recommend this type of sling after certain shoulder, elbow or arm injuries, including sprains and strains, or following surgery when this style of support is appropriate.

MEDICAL NECESSITY

A sling may be needed when an injury or procedure makes unsupported arm movement uncomfortable or requires supported rest. Your clinician should determine whether AS-1 meets your individual needs and prescribe the position, wear time and movement plan. It does not provide complete shoulder immobilization.

BEFORE FIRST USE

Read this guide. Check the pouch, seams, pad and strap for damage. Ask for help with fitting if needed. Do not use if the sling cannot support your arm comfortably.

PRODUCT & SUPPORT

PRODUCT DETAILS

Product: Adjustable Mesh Arm Sling
Model / SKU: AS-1
Includes: 1 arm sling
Color: Black
Features: mesh forearm pouch, adjustable shoulder strap and padded shoulder section.

SCAN FOR PRODUCT DETAILS

Scan with your phone camera to visit the AS-1 product page.

CONTACT & DISTRIBUTOR

Distributed by United Yoram Inc.
Brooklyn, NY 11236

Website: drfranklyns.com
Support: support@drfranklyns.com
Instagram: @drfranklyns

Retain this guide and your proof of purchase.
AS-1 | Instructions for Use | Rev. 01

Dr. FRANKLYN'S
WELLNESS

AS-1

ARM SLING

ADJUSTABLE MESH SUPPORT



INSTRUCTIONS FOR USE

Supportive pouch • Adjustable strap
Padded shoulder comfort

Read before use. Follow your healthcare professional's instructions.

FITTING INSTRUCTIONS

1 POSITION YOUR ARM

Sit upright with your injured arm supported on a pillow or by a helper. Loosen the shoulder strap. Gently place your forearm inside the mesh pouch, seating your elbow fully in the closed end.

2 POSITION THE STRAP

Guide the shoulder strap behind your back and over the opposite, uninjured shoulder. Position the padded section where the strap rests on the shoulder. Keep the strap flat and untwisted.

3 ADJUST THE SUPPORT

Use the adjustment slider to raise or lower the pouch until your forearm is supported comfortably. Aim for the arm position advised by your clinician, commonly with the elbow bent about 90 degrees and the wrist supported.

REMOVING THE SLING

Support your arm first. Loosen and lift off the strap carefully, then slide your forearm out of the pouch. Avoid pulling on the injured arm. Ask for assistance if removal is painful or difficult.

The strap should lift from the wrist end of the pouch toward the opposite shoulder. Do not force the arm into a position that causes pain.

FIT & DAILY USE

CHECK THE FIT

- Elbow rests fully in the closed end.
- Forearm and wrist feel supported.
- Shoulder stays relaxed, not shrugged.
- Strap and pad lie flat.
- No tightness, tingling or skin pressure.

WEAR TIME & MOVEMENT

Wear only for the duration prescribed. Follow your clinician's advice about removing the sling, sleeping and exercises. Prolonged sling use can cause stiffness; do not immobilize the arm longer than advised.

IMPORTANT PRECAUTIONS

Do not over-tighten. Avoid direct contact with open wounds. Check the skin daily. Do not drive, lift heavy objects or play sports while using the sling unless your clinician has cleared the activity. This is not a restraint or a substitute for a cast when one is required.

STOP & SEEK MEDICAL ADVICE

Stop use and seek prompt advice for increasing pain, numbness, persistent tingling, new swelling, skin sores or changes in hand color or temperature. A cold, pale or blue hand, or loss of sensation, requires urgent assessment.

CARE & WARRANTY

CLEANING & STORAGE

Follow any care label supplied with the sling. Clean gently with mild soap and cool water; avoid soaking the adjustment hardware. Air dry completely away from direct heat. Do not bleach, iron or tumble dry. Store clean and dry, away from sunlight.

1-YEAR LIMITED WARRANTY

Dr. Franklyn's provides a one-year limited warranty against defects in materials and workmanship from the original purchase date under normal use. Contact support with proof of purchase and a description of the issue for evaluation. A covered defect will be repaired or the product replaced at our discretion.

Normal wear, misuse, alteration, accidental damage and improper care are excluded. This warranty gives you specific legal rights; other rights may vary by state.

EXPECTED SERVICE LIFE

Estimated service life: up to 3 years with normal use and proper care. Actual life depends on frequency of use, fit, cleaning and wear. This estimate is not a guarantee and does not extend the warranty. Replace sooner if the pouch tears, seams loosen, the strap slips or support is reduced.

Warranty assistance
support@drfranklyns.com
Include model AS-1 and your proof of purchase.