



CUSTOMER SUPPORT

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PRODUCT INFORMATION

Product: Dr. Franklyn's Red & Near-Infrared Light Therapy Lamp
Model / SKU: IL-4
Manual revision: 1.1 | September 2026
Limited warranty: 1 year
Expected product lifespan: 3 years

SCAN FOR PRODUCT DETAILS



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KEEP THIS GUIDE

Keep this manual for future reference. Follow the prescribing clinician's directions whenever they differ from general guidance in this booklet.

IMPORTANT SAFETY INFORMATION

The LED panel emits intense visible red and invisible near-infrared light. Use controlled positioning and protect the eyes.

- Do not stare into the LEDs. Close or cover the eyes and use suitable protective eyewear when the face or eyes may be exposed.
- Do not use on people with photosensitivity or while taking photosensitizing medication unless cleared by a healthcare professional.
- Keep the panel and controller dry. Do not use in wet locations or with wet hands.
- Secure the tripod and adjustment locks on a flat floor before use. Keep children, pets, and cords away from the stand.
- Do not cover the panel, block ventilation, touch hot surfaces, or operate near flammable materials.
- Never use a damaged panel, controller, stand, cord, plug, or power supply.

DO NOT USE / ASK A CLINICIAN

- Ask a clinician before use during pregnancy or with cancer, seizure disorders triggered by light, active skin disease, bleeding disorders, recent surgery, or implanted electronic devices.
- Do not apply over the thyroid/front of neck, eyes, or areas of active bleeding without professional direction.

STOP USE

Switch off and seek guidance for eye pain, headache, dizziness, skin burning, excessive or persistent redness, rash, worsening symptoms, unusual odor, flickering, sparking, or overheating.



RED & NEAR-INFRARED LIGHT THERAPY LAMP

ADJUSTABLE LED RECOVERY PANEL



MODEL IL-4

USER MANUAL

READ ALL INSTRUCTIONS BEFORE USE

HEALTH | SUPPORT | RECOVERY

INTENDED USE

The Dr. Franklyn's Red & Near-Infrared Light Therapy Lamp provides targeted red and near-infrared light for general wellness, relaxation, post-workout recovery, and comfortable hands-free body-area sessions.

DUAL WAVELENGTHS

Wavelength	Purpose in this product
660 nm red light	Visible surface-focused red light for wellness routines.
850 nm near-infrared	Invisible or dim-appearing light intended for deeper light exposure.

KEY FEATURES

- Adjustable panel position and flexible support arm.
- Tripod stand for hands-free sessions.
- Easy-to-use hanging controller.
- Broad LED panel, approximately 12.2 x 12.2 inches; panel depth approximately 3.1 inches.
- Suitable for home, office, gym, or recovery-room wellness setups.

IMPORTANT
Near-infrared LEDs may appear dim or unlit to the eye even when operating normally.

ASSEMBLY AND POSITIONING

- 1. Unfold the tripod fully on a flat, stable floor.
- 2. Install and tighten each stand section and panel connection according to the supplied hardware.
- 3. Route the power/controller cord so it cannot be pulled, pinched, or tripped over.
- 4. Aim the panel at the intended area, then tighten every height, tilt, and arm lock.

HOW TO USE

- 1. Inspect the system and expose clean, dry skin.
- 2. Position the panel at a comfortable distance without touching the body.
- 3. Protect the eyes, connect power, and select the desired controller setting.
- 4. Begin with a short session. Remain awake and check skin comfort regularly.
- 5. Switch off when finished and allow the panel to cool before repositioning or storing.

SESSION GUIDANCE

Use only the controller functions and session limits supplied with your unit. More time or closer placement is not necessarily better. Increase exposure gradually only when well tolerated.

CARE AND MAINTENANCE

- Switch off, unplug, and allow the panel to cool completely.
- Wipe the panel frame, stand, and controller with a soft dry or slightly damp cloth.
- Do not spray cleaner directly onto LEDs, controls, openings, or electrical connections.
- Check stand locks, fasteners, cord routing, and panel support before every session.
- Store indoors in a dry area with the panel protected from impact.

TROUBLESHOOTING

Issue	Action
Panel will not power	Check outlet, power supply, controller, and all connections.
Some LEDs look dim	850 nm near-infrared LEDs may appear dim/invisible.
Panel flickers	Stop; reseal connections only after unplugging. Contact support if it continues.
Stand moves	Stop use and retighten locks on a flat surface.
Overheating/odor	Switch off, unplug, and contact support.

WHAT IS INCLUDED

LED therapy panel, adjustable support arm, tripod stand, wired controller/power components supplied with the unit, and user guide.