

PRODUCT INFORMATION

Keep this guide for future reference. Read all instructions and follow your healthcare professional's directions when the brace is prescribed.

CUSTOMER SUPPORT

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DOCUMENT CONTROL

Brand: Dr. Franklyn's | Model: KH-1 | Revision: 1.0 | Issue date: September 2026

SCAN FOR PRODUCT DETAILS



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INTENDED USE AND MEDICAL PURPOSE

The KH-1 is a reusable knee orthosis intended to provide medial-lateral stabilization, adjustable compression, and support during functional movement. It may assist clinician-directed management of knee instability, arthritis discomfort, ligament sprains, meniscus-related symptoms, or recovery following injury or surgery.

SUPPORT PROVIDED

- Removable aluminum side hinges help limit unwanted side-to-side knee motion.
- Open-patella design helps position the kneecap and reduce direct patellar pressure.
- Adjustable straps help control fit above and below the knee.
- Breathable construction supports use during daily activities and rehabilitation.

DO NOT USE OR SEEK ADVICE

- Do not apply over open wounds, infected skin, or an unprotected surgical incision.
- Seek urgent evaluation for suspected fracture, a locked knee, severe swelling, inability to bear weight, or possible blood clot.
- Do not use if the hinges are bent, broken, or positioned directly over painful bony areas.



HEALTH | SUPPORT | RECOVERY



MODEL KH-1

HINGED KNEE BRACE

MEDIAL-LATERAL STABILITY WITH OPEN PATELLA

READ INSTRUCTIONS COMPLETELY BEFORE USE

BEFORE FITTING

- Inspect the brace, hinges, straps, and stitching. Loosen all straps.
- Sit with the knee slightly bent. Place a thin sleeve beneath the brace if needed for skin comfort.

FITTING INSTRUCTIONS

- 1

ALIGN
Center the kneecap within the open-patella ring.
- 2

HINGES
Align the hinge centers with the sides of the knee joint.
- 3

CLOSE
Secure the main body around the leg without twisting the fabric.

FIT CHECK

The patella should remain centered in the opening and both hinges should track beside the knee joint. The brace must not slide, pinch behind the knee, or affect foot color or sensation.

COMPLETE THE FITTING

- 4

LOWER
Fasten the strap below the knee so it is secure but not restrictive.
- 5

UPPER
Fasten the strap above the knee and balance tension on both sides.
- 6

MOVE
Stand and bend the knee gently. Readjust if the brace slides or the hinges are misaligned.

USE AND WEAR

- Use during the activities and for the duration recommended by your healthcare professional.
- Check the skin and circulation after the first 15 minutes and periodically thereafter.

Remove the brace and seek medical advice for increasing pain, numbness, tingling, unusual swelling, skin breakdown, or pale, blue, cold, or discolored skin.

IMPORTANT SAFETY INFORMATION

- This brace does not prevent all injuries or replace evaluation of significant knee trauma.
- Do not drive or operate machinery until you know the brace does not limit safe movement.
- Use caution on stairs and uneven surfaces. Single-patient use only.

CLEANING AND STORAGE

- Fasten all hook-and-loop closures before cleaning. Remove detachable rigid stays only when the care label permits.
- Hand wash in cool water with mild soap. Do not bleach, wring, machine dry, iron, or dry clean.
- Air dry completely away from direct heat and sunlight. Store flat or loosely folded in a clean, dry place.

WARRANTY AND EXPECTED LIFE

One-year limited warranty from the original purchase date. Expected product life: three years under normal fitting, inspection, care, cleaning, and storage. Replace sooner if damaged, stretched, or unable to provide the intended support. Retain proof of purchase.