

PRODUCT INFORMATION

Keep this guide for future reference. Read all instructions and follow your healthcare professional's directions when the brace is prescribed.

CUSTOMER SUPPORT

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DOCUMENT CONTROL

Brand: Dr. Franklyn's | Model: LSO-3 | Revision: 1.0 | Issue date: September 2026

SCAN FOR PRODUCT DETAILS



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INTENDED USE AND MEDICAL PURPOSE

The LSO-3 is a reusable lumbar-sacral orthosis intended to externally support and stabilize the lower back. It may be used to help manage lower-back strain, sciatica-related discomfort, disc-related symptoms, postural weakness, or clinician-directed recovery. It is not a substitute for diagnosis or treatment by a healthcare professional.

SUPPORT PROVIDED

- Reinforced stays help limit unwanted lumbar movement and support spinal alignment.
- Dual elastic compression straps permit gradual, adjustable circumferential support.
- Breathable mesh construction supports extended daily wear when tolerated.
- Available variants: M-L (LSO-2), L-XL (LSO-3), and XL-XXL (LSO-4).

DO NOT USE OR SEEK ADVICE

- Do not apply over open wounds, infected skin, or an unprotected surgical incision.
- Obtain professional fitting advice after surgery, with a suspected fracture, severe osteoporosis, major deformity, or unexplained or worsening pain.
- Do not overtighten or use if compression causes breathing difficulty, numbness, tingling, discoloration, or increased pain.



HEALTH | SUPPORT | RECOVERY



MODEL LSO-3

LSO-3 LUMBAR
SUPPORT BACK BRACE

ADJUSTABLE LUMBAR STABILIZATION AND COMPRESSION

READ INSTRUCTIONS COMPLETELY BEFORE USE

BEFORE FITTING

- Select the correct size and inspect the fabric, stays, stitching, and closures.
- Wear over a thin garment unless your clinician directs otherwise. Center the brace at the lower back.

FITTING INSTRUCTIONS

- 1

OPEN
Loosen both secondary compression straps and fully open the main front closure.
- 2

POSITION
Place the rear panel centrally over the lumbar spine with the lower edge above the hips.
- 3

SECURE
Wrap the main belt evenly around the waist and fasten it comfortably at the front.

FIT CHECK

The rear stays should remain centered over the lumbar area. You should be able to breathe normally and slide one or two fingers beneath the belt without pain or numbness.

COMPLETE THE FITTING

- 4

COMPRESS
Pull the secondary straps forward together and attach them symmetrically.
- 5

ADJUST
Increase support gradually. Keep the brace snug, level, and free of folds.
- 6

RECHECK
Sit, stand, and breathe normally. Readjust if the brace shifts or restricts breathing.

USE AND WEAR

- Follow the wear schedule given by your healthcare professional. Increase wear time gradually when no schedule is provided.
- Remove periodically to inspect the skin. Do not sleep in the brace unless specifically directed.

Remove the brace and seek medical advice for increasing pain, numbness, tingling, unusual swelling, skin breakdown, or pale, blue, cold, or discolored skin.

IMPORTANT SAFETY INFORMATION

- Do not use the brace to force posture or continue activities that increase symptoms.
- People with impaired circulation, sensation, or skin integrity require professional supervision.
- This product is for single-patient use. Do not modify the stays or construction.

CLEANING AND STORAGE

- Fasten all hook-and-loop closures before cleaning. Remove detachable rigid stays only when the care label permits.
- Hand wash in cool water with mild soap. Do not bleach, wring, machine dry, iron, or dry clean.
- Air dry completely away from direct heat and sunlight. Store flat or loosely folded in a clean, dry place.

WARRANTY AND EXPECTED LIFE

One-year limited warranty from the original purchase date. Expected product life: three years under normal fitting, inspection, care, cleaning, and storage. Replace sooner if damaged, stretched, or unable to provide the intended support. Retain proof of purchase.