

CARE AND STORAGE

- Wipe the surface with a soft towel lightly dampened with water.
- Do not soak, submerge, scrub vigorously, or pull forcefully on bonded joints.
- Store in a cool, clean, dry place away from direct sunlight and heat.
- Protect from rain, snow, impact, toxic substances, and corrosive materials during transport.

TROUBLESHOOTING

If the traction distance appears reduced, the sliding track may not have returned fully after the previous use. Release all air and slowly return the mechanism to its starting position before the next session. Do not force the track.

PRODUCT INFORMATION

Keep this guide for future reference. Read all instructions before using the product.

CUSTOMER SUPPORT

Distributed by United Yoram Inc.
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DOCUMENT CONTROL

Brand: Dr. Franklyn's | Model: NP-02 | Revision: 1.0 | Issue date: September 2026

SCAN FOR PRODUCT DETAILS



drfranklyns.com

DO NOT USE WITHOUT MEDICAL APPROVAL

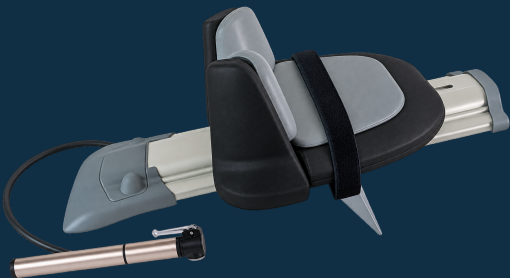
Cervical traction may not be appropriate for every user. Consult a qualified healthcare professional before use, particularly if you have an existing neck or spinal condition.

CONTRAINDICATIONS

- Recent spinal surgery or planned surgery.
- Spinal tumors, spinal tuberculosis, or malignant tumors.
- Severe spinal deformity, severe osteoporosis, fracture, or dislocation requiring immobilization.
- Instability of the occiput-cervical or atlas-axis vertebrae.
- Local skin damage, infection, or bleeding tendency in the treatment area.
- Pregnancy, acute inflammation of the neck, face, throat, or body.
- Heart or cerebrovascular disease, severe uncontrolled hypertension, or poor overall health unless cleared by a doctor.
- Symptoms that may worsen with traction, or any condition for which a clinician advises against traction.
- Children, frail users, or anyone unable to understand or communicate discomfort unless directly supervised by a clinician.



HEALTH | SUPPORT | RECOVERY



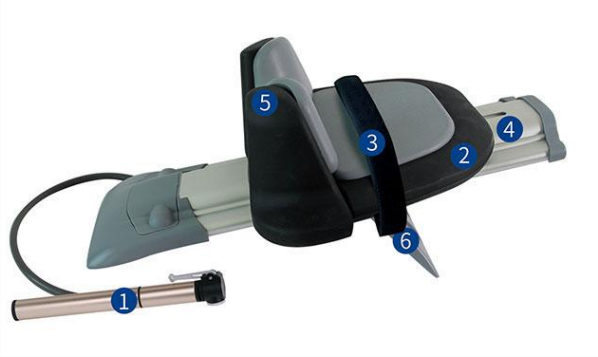
MODEL NP-02

PROFESSIONAL CERVICAL TRACTION DEVICE

Adjustable home traction support

READ INSTRUCTIONS COMPLETELY BEFORE USE

COMPONENTS



- 1 Pump - inflates the traction mechanism; use the release control to reduce pressure.
- 2 Headrest - supports the head and moves along the traction track.
- 3 Forehead strap - adjusts to help hold the head in position.
- 4 Traction mechanism - permits controlled movement along the track.
- 5 Neck wedge - adjusts through five positions to fit the neck and occiput.
- 6 Sliding bracket - provides 10, 15, and 20 degree angle settings.

PREPARE THE AREA

Place the device on a sturdy, flat, non-slip surface with enough room to lie fully extended. Keep the pump hose free from pressure, kinks, and obstruction.

HOW TO USE

- 1 POSITION**
Lie on your back and place your neck between the wedges. Fully release pressure and return the headrest to its starting position.
- 2 FIT**
Adjust the neck wedges so they support the neck comfortably without pinching or forcing the head.
- 3 SECURE**
Place the forehead strap over the forehead and adjust it so it is secure but not restrictive.
- 4 ALIGN**
Align your body so the top of the head rests evenly against the support with no uncomfortable gap.
- 5 INFLATE**
Relax the neck. Inflate gradually with the hand pump only until the clinician-recommended traction level is reached.

STOP IMMEDIATELY

Release pressure and stop if you develop pain, increased neck or arm symptoms, headache, dizziness, nausea, numbness, weakness, or other unusual discomfort.

COMPLETE THE SESSION

- 6 HOLD**
Stop pumping when the recommended level is reached. Never exceed the device travel limit.
- 7 TREAT**
Use only for the duration recommended by a healthcare professional. The source guide references approximately 30 minutes; your clinician's direction takes priority.
- 8 RELEASE**
At the end of the session, slowly release all pressure and allow the track to return to its starting position.
- 9 REMOVE**
Loosen the forehead strap, rest for a few minutes, then carefully lift the head from the device.

PRECAUTIONS

- Use under the guidance of a doctor and follow the prescribed force, angle, method, and duration.
- Begin with lower force and shorter time. Increase only gradually and only if advised.
- Never force the mechanism or exceed the traction stroke.
- Do not reuse after an adverse reaction until evaluated by a healthcare professional.
- Inspect the hose, pump, straps, cushions, joints, and track before each use. Do not use a damaged or leaking device.